

# DIVISION OF ADOLESCENT AND YOUNG ADULT MEDICINE



## DIVISION OF ADOLESCENT AND YOUNG ADULT MEDICINE AT CHILDREN'S MERCY KANSAS CITY

The Division of Adolescent and Young Adult Medicine offers multiple locations to support you in your care of adolescents and young adults (AYA), ages 10-22, and their families. We welcome any AYA patient that a health care provider feels would benefit from the extra time and support the Adolescent and Young Adult Specialty Clinic offers through consultation. Our team is here to assist primary care and specialty providers and understands the complexities of patient autonomy, confidentiality and family support needed to ensure the most comprehensive care for your patients. Care is provided by clinicians with more than a century of combined experience in providing AYA and reproductive health services. The physicians, advanced practice providers, nurses, and staff work to build strong therapeutic alliances with patients and families and support your clinical care as well. We strive to be a safe space for all patients and persons and excel in providing care to LGBTQ identifying young persons.



### DIVISION FACULTY

**Ryan H. Pasternak, MD,  
MPH, FAAP (he/him)**  
Division Director

### Adolescent and Young Adult Specialty Clinic Providers

**Romina Barral, MD, MsCR**

**Andrea Nos, MD**

**Patience Ozor, DO**

**Stephani Stancil, APRN, PhD**

**Rachel Whitfield, MSN, APRN, FNP-C**  
Director, Title X Program

### Eating Disorder Center Providers

**Amanda Dietz, APRN, FNP-C, CPN, PMHS**

**Carmen Duitsman, APRN**

**Patience Ozor, DO**

**Meg Waller, MD**



## TYPICAL CONDITIONS ADDRESSED WITHIN OUR ADOLESCENT SPECIALTY CLINIC INCLUDE:

- Adolescent and Young Adult GYN Complaints Including: PCOS, Dysmenorrhea, Abnormal Menstruation, and Pelvic Pain for Patients of all Genders and Sexual Orientations
- Comprehensive Reproductive and Sexual Health Care for Adolescents of all genders including contraception. Types of IUDs we provide include Mirena, Kyleena, Skyla, Copper IUD/Paragard
- STI Testing, Treatment, and Counseling and HIV Pre-Exposure and Post-Exposure Prophylaxis (PrEP/PEP)
- Treatment of Genital Warts and Lesions
- Eating Disorders Assessment and referral to EDC as indicated, co-management with PCP and outside Therapists
- Nicotine Use Disorder Treatment and Substance Use Assessment and Triage
- Opioid Use Disorder - Suboxone Treatment
- Behavioral Health Concerns Assessment and Triage (Anxiety/Depression/ADHD/Dysphoria)
- Orthostatic Intolerance (dysautonomia, POTS, NMH, chronic fatigue, non-cardiac syncope/near syncope)
- Moderate to Severe Acne Treatment
- Comprehensive Eating Disorders Assessment and Management - available through the Eating Disorders Center
- Gender Dysphoria: please also consider Endocrine, Gender Pathways Services
  - » [childrensmercy.org/gender-pathway-services](https://childrensmercy.org/gender-pathway-services) or call (816) 960-8844

We are happy to consult on diagnostic dilemma cases.

## CHILDREN'S MERCY ADOLESCENT AND YOUNG ADULT SPECIALTY CLINICS ARE TITLE X-FUNDED

The Title X Family Planning Program, officially known as public law 91-572 or "Population Research and Voluntary Family Planning Programs," is the only federal grant program dedicated solely to providing individuals with comprehensive family planning and related preventive health services. Title X is legally designed to prioritize the needs of low-income families or uninsured people who might not otherwise have access to these health care services.

## CONTACT US

Referrals for consultation to Adolescent and Young Adult Medicine/Adolescent Specialty Clinic:

Online: [childrensmercy.org/providers/Forms.aspx](https://childrensmercy.org/providers/Forms.aspx)

Phone: (816) 960-4152

Fax: (816) 960-3039

[childrensmercy.org/adolescent-medicine/](https://childrensmercy.org/adolescent-medicine/)

Please attach your patient information to the Online Referral Form or forward patient information for consultation visit to:

Fax: (816) 701-4035 or [chart@cmh.edu](mailto:chart@cmh.edu)

Contact Center:

Phone: (816) 234-3700 or Toll-Free: (800) 800-7300

Fax: (816) 855-1776

## ADOLESCENT SPECIALTY CLINIC LOCATIONS

**Children's Mercy Northland**  
501 NW Barry Road  
Kansas City, MO 64155

**Children's Mercy Broadway**  
3101 Broadway  
Kansas City, MO 64111

**Children's Mercy Hospital Kansas**  
5808 West 110th Street  
2nd Floor Specialty Clinics  
Overland Park, KS 66211

## TELEMEDICINE

**St. Joseph:** 802 N. Riverside Road,  
Suite 105, St. Joseph, MO 64501

**Joplin:** 3333 McIntosh Circle Drive, Suite 6,  
Joplin, MO 64804

**Wichita:** 3243 E. Murdock, Suite 201,  
Wichita, KS 67208

**Junction City:** 1102 St. Mary's Road,  
Junction City, KS 66441

## EATING DISORDERS CENTER

<https://www.childrensmercy.org/departments-and-clinics/eating-disorders-center>  
or call (913) 696-5070

## SYNERGY SERVICES

Youth Resiliency Center  
(816) 505-4840  
[www.synergyservices.org](https://www.synergyservices.org)

## QUESTIONS?

Please call (816) 960-4152



**Children's Mercy**  
KANSAS CITY

[childrensmercy.org](https://childrensmercy.org)

**UMKC** School of  
Medicine