

# Top Takeaways from the January 2024 CMHN Committee Meetings

### <u>Updated</u> CMHN 2024 Incentive Performance Report: Use to Inform 2024 Improvement Efforts!

Click here to review your practice's rolling year performance to inform your quality improvement efforts! Quality Performance Period:

- Aetna: Jul '22 to Jun '23
- Blue KC: Aug '22 to Jul '23
- Cigna: Jul '22 to Jun '23

TIP: Use the CMHN Quality Improvement Tool Kit to review and access quality improvement strategies and insights for all CMHN incentive measures!

#### **Key Proposed Changes to 2024 Incentive Model:**

- · Engagement:
  - o Practice Engagement now includes Health
    Equity Performance Improvement project participation
- Click Here to View Slide Deck Summary of Proposed Changes. Model to be Finalized in March by CMHN Board.

- · Clinical Quality:
  - o Well Child Visits (Annual 3 to 21 Years Old) divided into two measures
    - Well Child Visits Annually for 3-11 Year Olds
    - Well Child Visits Annually for 12-21 Year Olds
  - Age 2 Immunization Combo 10 (DTaP, HepA, HepB, Hib, IPV, MMR, PCV, RV, VZV, Influenza) replacing Follow Up Care for ADHD Medication Management
- Target Changes / Updates:
  - o Two-tiered quality targets for all measures except new Age 2 Immunization measure
    - Lower target set to 75th percentile | 50% of incentive earned
    - Top target set to 90th percentile | 100% of incentive earned
  - o Three-tiered quality targets for new Age 2 Immunization measure
    - Lower target set to 50th percentile | 50% of incentive earned
    - Middle target set to 75th percentile | 75% of incentive earned
    - Top target set to 90th percentile | 100% of incentive earned
  - o Other Target Changes / Updates
    - All 11 measures (including SDOH Screening & SDOH Positivity) equally weighted: each measure worth 5.5 incentives points
    - SDOH Screening target remains the same: 70%
    - SDOH Positivity Rate no longer pro-rated
    - Bonus point opportunity for 90th percentile eliminated
- New Bonus Incentive Opportunity: Builds upon 2023 Health Equity
  Requirements to achieve demonstrated improvement in collection of REL data by
  striving for an industry best practice rate under 5%
  - o End of Year Race Unknown Rate:
    - >15% and ≤ 25%: 2 Bonus Points
    - > 5% and ≤ 15%: 4 Bonus Points
    - ≤ 5%: 6 Bonus Points

### CMHN Practice EMR List – Use for Measure Quality Improvement!

Use to discuss/share EMR best practices with other organizations that use the same EMR as you!

#### **Greenway Primesuite**

- o Health Care for Children
- o Johnson County Pediatrics
- o Pediatric Associates
- o Village Pediatrics

#### **eMDs**

- o Baby and Child
- o Cass County Pediatrics
- Leawood Pediatrics
- o Priority Care Pediatrics

#### **TriMed**

- o Cradle thru College
- o Summit Pediatrics

#### **Epic**

o University of Kansas

#### Cerner

o Children's Mercy

#### CureMD

o Independence Pediatrics

#### **AllScripts Pro**

o Preferred Pediatrics

#### NextGen

o Cockerell and McIntosh

#### **Athena**

o Community Choice Pediatrics

# Access Concerns Regarding Flovent Discontinuation: Advice from CMH & Other National Experts (Click here for article.)

#### Challenge / Issues:

- Few similar alternatives to Flovent Corticosteroid Inhaler that are age & developmental-ability appropriate for children.
- Barriers to insurance coverage for new generic version (i.e. not on formulary, requires prior auth, payer recommendation includes Rx not suited for patient age, etc.)

#### **How to Support the Transition:**

 Health insurance coverage & formulary inclusion of "Generic Fluticasone" across all commercial products

#### **Alternatives:**

- Meter-Dose:
  - Alvesco (not FDA Approved for kids under 12)
  - Asmanex
  - New Generic Fluticasone
- Metered-Dose, Breath-Actuated:
  - QVAR Redhaler (Can't be used with spacer)
- Dry Powder Inhalers (Not recommended for most kids)
  - Annuity Ellipta
  - ArmonAir Digihaler

# Depression Study for Teens – CMH Researchers Partnering to Better Understand Medication Effectiveness

# GOLDILOKs PRISM (Prediction of Response in SSRI-managed Major Depressive Disorder in Adolescents) Study

- Researchers at Children's Mercy want to partner with teens for a research study to learn why certain medicine works for some teens with depression and not for others.
- Patients the study is a good fit for:
  - Between ages 12-18
  - Diagnosed with depression
  - Not currently taking medicine for depression
  - Getting ready to start fluoxetine (Prozac) or escitalopram (Lexapro) as prescribed by your health care provider
- The study lasts 3 months and involves:
  - Filling out questionnaires
  - Wearing a smartwatch (provided)
  - Occasional blood draws
- Participants will be compensated up to \$220 for participation and receive a smartwatch to keep as part
  of the study.

### **InNote Clinical Note Updates**

- Reminder: CMH Acute Visit Notes <u>now</u> in InNote
- Update: Increased Rate of CMH Specialty Notes:
   ~50% → ~90%
- In Progress:
  - Increase Rate of ED and Urgent Care Notes
  - Increased Timeliness of all CMH Notes
  - CMH Imaging Notes Added to Platform



#### Call to Action: Review/Educate All Providers and Care Teams on the URI Measure

#### **Measure Definition**

The % of episodes for patients 3 months and older who were given a diagnosis of upper respiratory infection (URI) and were **NOT** dispensed an antibiotic prescription

#### Important:

- Measure evaluated July 1st of prior year to June 30th of the measurement year (similar to Pharyngitis measure)
- Example: Measurement Year 2024 evaluation starts July 1, 2023 and ends June 30, 2024.

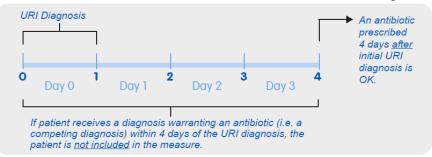
#### **Key Quality Improvement Learnings**

- Largest Number of Noncompliant Patients Prescribed Antibiotics <u>within the Practice</u> were Diagnosed with <u>Nonsuppurative Otitis Media</u>
- Nonsuppurative Otitis Media
   Diagnoses are NOT Competing
   Diagnoses as these Diagnoses
   Do Not Warrant an Antibiotic
- Ensure Competing Diagnoses are "Linked" to a Claim Within 4 Days of URI Diagnosis

If competing diagnoses are not included on claims, payers will <u>NOT</u> exclude the episode.

#### Common Competing Diagnoses (i.e. Diagnoses Warranting an Antibiotic)

- Suppurative Otitis Media
- Acute/Chronic Sinusitis
- Pneumonia
- Pharyngitis, Streptococcal, or Tonsillitis
- Other Bacterial Infection Diagnoses



Powering Families – Webinar Learning Series for Parents & Caregivers!

# **Powering Families**

A Learning Series from Children's Mercy

Children's Mercy launched a new monthly educational webinar series for parents & caregivers!

These free educational events will offer parents and caregivers a chance to connect with

Children's Mercy Kansas City experts and partners on a variety of topics.

### **Upcoming Webinars:**

<u>Financial Resources & Tax Preparation</u> – February 2024 <u>Anxiety & Depression</u> – March 2024 <u>Asthma Management</u> – April 2024

Please help to promote and increase awareness of these valuable webinars!

Go to the Powering Families <u>website</u> or email <u>providerrelations@cmpcn.org</u> for additional information.

## Click to Access Prior Monthly CMHN Committee Takeaways

Questions or Comments? Please ask your Children's Mercy Health Network PHM Network Representative or contact Children's Mercy Health Network staff at ProviderRelations@cmpcn.org.