



Children's Mercy  
Health Network

## Top Takeaways from the September 2021 CMHN Committee Meetings

COVID-19 Resources: [Children's Mercy COVID-19 Webpage](#) & [COVID-19 FAQ for Physicians and Providers](#)  
Children's Mercy is Here to Support Your Practice's Efforts to Offer the COVID-19 Vaccine to Your Patients!

September CMHN Committee Content Now Available on Demand – [Click Here](#) to View Recording

Updated CMHN 2021 Incentive Performance Report: Use to Inform 2021 Improvement Efforts!

[Click here](#) to review your practice's rolling year performance to inform your quality improvement efforts!

Quality Performance Period:

- Aetna: April '20 to March '21
- Blue KC: July '20 to June '21
- Cigna: April '20 to March '21

- **Engagement:** In Progress. 10 Engagement Points Earned by End of Year
- **Clinical Quality:** 8 of 24 Practices Achieving 48+ Points Out of 60 Points
- **Cost & Utilization:** 22 of 24 Practices Achieving 30 Out of 30 Points



**TIP:** Use the [CMHN Quality Improvement Tool Kit](#) to review and access quality improvement strategies and insights for all CMHN incentive measures!

[Click here](#) to review the 2021 CMHN Incentive Distribution Framework.

### Social Determinants of Health Screening & Referral – Best Practices, Lessons Learned, and Supporting Your Practice's Journey to Address Social Needs

#### Key Takeaways and Highlights from Dr. Jeffrey Colvin's Presentation

[View Recording \(Start Time: 4:35\)](#) | [Slide Deck](#)

- A family's income may not be a good indicator of the family's need of resources
- Patients and families appreciate being asked about social issues
- A pediatrician's role is to serve as a connector – to refer patients and families to a resource. A pediatric practice must:
  - Ask the right questions
  - Learn about the community resources available
  - Connect the patient to the right resource
- Select a "superuser" in your practice who can help identify community resources in the area
- When referring a patient to a community resource:
  - Rely on full-service, "no wrong door" community organization that can help with multiple needs
  - Utilize Lift Up KC (<https://liftupkc.org/>)

**Key Insight:** Address social needs by listening, referring, and connecting patients to community resource 'specialists'.

Contact Dr. Jeffery Colvin ([jdcolvin@cmh.edu](mailto:jdcolvin@cmh.edu)) or Dr. Courtney Winterer ([cmwinterer@cmh.edu](mailto:cmwinterer@cmh.edu)) for technical assistance for you or your office's super user regarding SDOH screening and community resources.

## Integration of Behavioral Health Services into Primary Care – Updated Resources to Support Your Practice

- Suicide is the 2nd leading cause of death in people age 10-24. Early detection is a critical prevention strategy.
- Behavioral health integration is incorporating mental health care into primary care settings for the purpose of improving the quality of care, reducing stigma, and increasing access.
- Models of integrated behavioral health include:
  - Coordinated – communication is the key element
  - Co-located – proximity is the key element
  - Integrated – practice change is the key element
- For information on behavioral health integration and behavioral health resources in the community, review the [Behavioral Health in Primary Care Manual \(Integration\)](#)
- For information on suicide screening, assessment, and triage, review this supplemental [Behavioral Health in Primary Care Manual \(Suicide Screening\)](#)

[Click to View CMHN's Behavioral Health Dashboard](#)

Contact Carey Spain ([cspain@cmh.edu](mailto:cspain@cmh.edu)) to request support on integrating behavioral health into your practice, behavioral health community resources, and depression and suicide screening tools and interventions.

## New Online Educational Series called 'Prepped & Ready': Experts Edition' for Your Practice's Parents & Families of Teenagers

The video series will be available Oct. 4 to 21 at [childrensmercy.org/PreppedAndReady](http://childrensmercy.org/PreppedAndReady). Caregivers who agree to complete a pre and post survey as a part of our research will be mailed a free toolkit. We hope this education will help prevent some of the painful experiences children experience, and arm parents with the skills and information to help their teen.

**[Please Take Action Now  
As Series Will Only Be  
Available Until 10/21!](#)**

**[Click Here to Access the Prepped & Ready Tool Kit](#)** (including social media messaging, images, video, e-mail messaging and flyers that you may utilize to share with your practice's parents).

**[Click Here to Access the Prepped & Ready Flyer](#)**

Have questions? Please contact Dr. Shayla Sullivant, Children's Mercy Child and Adolescent Psychiatrist, at [Preppedandready@cmh.edu](mailto:Preppedandready@cmh.edu).

## Children's Mercy Emergency Department Contact for Community Practices

Have feedback, questions, or comments?

Please Contact Dr. Rebecca Fahlgren ([rafahlgren@cmh.edu](mailto:rafahlgren@cmh.edu))

## **[Click to Access Prior Monthly CMHN Committee Takeaways](#)**

Questions or Comments? Please ask your Children's Mercy Health Network PHM Network Representative or contact Children's Mercy Health Network staff at [ProviderRelations@cmhpcn.org](mailto:ProviderRelations@cmhpcn.org).