



Children's Mercy  
Health Network

# Top Takeaways from the July 2022 CMHN Committee Meetings

COVID-19 Resources: [Children's Mercy COVID-19 Webpage](#) & [COVID-19 FAQ for Physicians and Providers](#)  
Children's Mercy is Here to Support Your Practice's Efforts to Offer the COVID-19 Vaccine to Your Patients!

July CMHN Committee Content Now Available on Demand – [Click Here](#) to View Recording

[Updated](#) CMHN 2022 Incentive Performance Report: Use to Inform [2022](#) Improvement Efforts!

[Click here](#) to review your practice's rolling year performance to inform your quality improvement efforts!

Quality Performance Period:

- Aetna: Jan '21 to Dec '21
- Blue KC: Apr '21 to Mar '22
- Cigna: Jan '21 to Dec '21

- **Engagement:** In Progress. 10 Engagement Points Earned by End of Year
- **Clinical Quality:** 14 of 24 Practices Achieving 48+ Points Out of 60 Points
- **Cost & Utilization:** 21 of 24 Practices Achieving 30 Out of 30 Points



**TIP:** Use the [CMHN Quality Improvement Tool Kit](#) to review and access quality improvement strategies and insights for all CMHN incentive measures!

[Click here](#) to review the 2022 CMHN Incentive Distribution Framework.

## Top Recommendations & Tactics to Inform Quality Improvement in 2022

### New Chlamydia Screening FAQ

58% of Practices (12 of 24) Not Meeting 2022 Target

- **Key Tactics:**
  - o During pre-visit planning, add chlamydia screening orders for females on contraceptives
  - o Manage chlamydia screening test process in-house
  - o Use [Innovaccer Worklists](#) to identify applicable patients. Outreach based on need of well visit.
  - o [Click to view](#) Chlamydia Screening Specialty Spotlight featuring Dr. William Adelman of Children's Mercy Adolescent Medicine

[Click here](#) to view the Chlamydia Screening definition & key tactics slide deck

### CHLAMYDIA: Disease, Testing, and Treatment

- **What is chlamydia?**  
Chlamydia is a common sexually transmitted disease (STD) that can cause infection among both men and women. It can cause permanent damage to a woman's reproductive system, if untreated. This can make it difficult to get pregnant later. It is important to get tested and treated immediately.
- **How is chlamydia spread?**  
You can get chlamydia by having sex with someone who has chlamydia.
- **How can I reduce my risk of getting chlamydia?**  
The only way to completely avoid STDs is to not have sex. If you are sexually active, using condoms the right way every time you have sex can lower your chances of getting chlamydia.
- **How do I know if I have chlamydia?**  
Chlamydia often has no symptoms, but it can cause serious health problems, even without symptoms. If symptoms occur, they may not appear until several weeks after having sex with a partner who has chlamydia. Even when chlamydia has no symptoms, it can damage a woman's reproductive system. Women with symptoms may notice an abnormal vaginal discharge and/or a burning sensation when peeing.
- **How will my healthcare provider test me for chlamydia?**  
Laboratory tests can diagnose chlamydia. Your healthcare provider may ask you to provide a urine sample for testing, or they might use (or ask you to use) a cotton swab to get a vaginal sample. The tests are minimally invasive and will not hurt you.
- **Is there a cure for chlamydia?**  
Yes, the right treatment can cure chlamydia. Your provider will prescribe medication for treatment. It is important that you take all of the medicine your healthcare provider gives you to cure your infection. Do not share medicine for chlamydia with anyone. When taken properly it will stop the infection and could decrease your chances of having problems later. Although medicine will stop the infection, it will not undo any permanent damage caused by the disease.  
  
Repeat infection with chlamydia is common. You should receive testing again about three months after your treatment, even if your sex partner(s) receives treatment.

Adapted from the Centers for Disease Control & Prevention, Chlamydia Fact Sheet  
<https://www.cdc.gov/std/chlamydia/infact-chlamydia.htm>, 2022

July 8, 2022



## Lorestry Developmental Milestone Mobile App

- Parents can **track and monitor developmental firsts, favorites, feelings, skills, and communications** to create a timeline – *the start of their child’s life story*
- **Information** can be shared with healthcare provider
  - Providers do not have direct access to the child’s data in the app
  - Providers can look at milestones to determine how closely the child is following known milestones *Reach out to your PHM Network Representative for cards to distribute to families about this new free resource!*

988 Suicide Prevention Lifeline is now live nationwide as of July 16, 2022!  
[Click here to learn more!](#)



## Asthma Exacerbation Clinical Practice Guideline Update

- What Does it Include?
  - Recommendations for determination of asthma exacerbation severity, indications for transfer to a higher level of care, acute management, and discharge planning.
- Access the CGP at Children’s Mercy Clinical Practice Guidelines Website:  
<https://www.childrensmercy.org/health-care-providers/evidence-based-practice/clinical-practice-guidelines/>

## CMHN Network Operations Dashboard

### CMHN NETWORK OPERATIONS DASHBOARD

**1,268** Providers  
**26** Organizations

262 Pediatric PCP Physicians    1,006 Pediatric Specialists

#### Highlights

- Network exceeded targets in 12 of 14 quality & utilization incentive measures for CY2021 with 5 of 14 exceeding the 90th percentile benchmark!
- CMHN earned 89% of available incentives in 2021 (Aetna, Blue KC, and Cigna) value based agreements.
- Finalized the '2022 CMHN Practice Incentive Model'.
- Collected and shared an inventory of significant practice changes (processes, staffing, technology, infrastructure) made since launch of network in Fall of 2015 to inform and advance network.
- Expanded SDOH pilot with community based organizations (CBOs) from 2 to 5 CBOs. Pilot focused on improving the 'closed loop' social need referral workflow to more effectively address social needs.
- Continued efforts to measure, monitor, and support practice efforts to integrate BH services within primary care.
  - Featured Cookerell & McIntosh's co-located BH services with Country Crossroads Counseling, an innovative and mutually beneficial model to improve access, coordination, and care.
  - Increased awareness to new national suicide prevention lifeline (988).
- Continued effort to implement & further optimize Innovaccer's Population Health technology platform.
  - Enabled Lift Up KC ([www.liftupkc.org](http://www.liftupkc.org)) integration within Innovaccer InNote
  - Enabled access to Children's Mercy clinical notes (specialty visits, IP visits, ED visits, UC visits).
  - Conducted first Innovaccer user survey & feedback session.
- Launched a QI initiative on HPV vaccinations to close the nearly 40% point gap with other adolescent immunizations (Tdap, MCV).
- Advanced a Cigna Health Disparity QI initiative to increase chlamydia screening in Hispanic population. Completed parent/provider interviews and developed FAQ.
- Kansas City Health Equity Learn & Action Network (KC HE LAN) accepted CMICS application to improve race, ethnicity, and language (REL) data collection and develop a health equity scorecard.

#### Contract Pipeline

Planning & Engagement: 0  
 Negotiating: 0  
 Finalizing: 0  
 Signed: **4**

Aetna  
Blue KC  
Cigna  
Centrus (0)

#### Upcoming Activity

- Develop project plan and initiate the KC Health Equity LAN Race, Ethnicity, and Language data improvement initiative in partnership with Institute for Healthcare Improvement coach & Children's Mercy's Diversity, Equity, & Inclusion department.
- Launch a tobacco screening & counseling (including a focus on addressing use & risks associated with e-cigarettes) quality improvement initiative.
- Continue SDOH pilot with 5 community based organizations (CBOs). CMHN to increase focus on Lift Up KC training & continue efforts increase and improve CBO referral process.
- Continue to advance Cigna health disparity quality improvement initiative. Resources, improvement package, and coaching to be distributed to support adoption of tactics across all practices.
- Continue to support a new community collaborative learning network to create a shared clinical pathway for common specialty conditions (initial focus: chronic abdominal pain).
- Continue to measure, monitor, and support practice and network efforts to integrate BH services within primary care.
  - Partner with Blue KC to launch pilot of Psychiatric Collaborative Care Model in 2022.
  - Evaluate network-level strategies to address behavioral health service needs.
- Continue to advance deployment and use of Innovaccer population health management platform.
  - **Primary Care:** Ongoing education and re-engagement to drive care team adoption. Adding cost & utilization worklists to identify high cost & high risk patients.
  - **Specialty Care:** Continue effort to partner with specialty divisions to engage in a value based strategies by complementing specialty care models with population-based data (quality & cost), increased cross continuum collaboration, and PHM technology.

#### Covered Lives

Provider	Covered Lives	% Change Since Feb '22
Total	97,343	↑ 10.3%
Aetna	14,384	↑ 31.4%
Blue KC	64,476	↑ 8.4%
Cigna	18,483	↑ 3.6%

July 2022

[Click to Access Prior Monthly CMHN Committee Takeaways](#)

Questions or Comments? Please ask your Children’s Mercy Health Network PHM Network Representative or contact Children’s Mercy Health Network staff at [ProviderRelations@cmpcn.org](mailto:ProviderRelations@cmpcn.org).