How to use a spacer with an inhaler

## Spacer with mask

Use a spacer with the inhaler. More medicine will go into the lungs.



7. Sit with your child in your lap



9. Remove cap from the inhaler. Place inhaler into spacer.



11. Push down on the inhaler release 1 puff into the spacer



8. Shake the inhaler



10. Seal the mask over the nose and mouth.



12. Hold mask on face for 5-10 breaths. Remove mask from face. Wait about 30 seconds. Repeat steps 1-6 for each puff.